



# FREE 7 DAY PASS

Please show this email at reception to redeem your free 7-day trial pass. This can either be printed or shown on your mobile screen.

Your trial membership includes full use of the gym, classes, sauna and steam room. A free consultation with a member of the fitness team is included and will be required prior to using the gym.

For more information please call us on 01200 442188 or call into the centre.

FOR MORE INFO



CALL  
01200 442188

JOIN ONLINE AT



[www.roefield.com](http://www.roefield.com)